

Sadhana –Women’s Cell

Annual Report(2018-2019)

The activities of SADHANA started with the inauguration on 11th August 2018. Dr. S.Valarmathi, Vice-Principal and Head, department of Mathematics presided over the function. The chief guest, Dr.K.Latha, Associate Professor of Govt. Law College , Trichy gave a thought provoking talk and encouraged the participants for a better future. The participants were more than 1000 in numbers.



On 1st September 2018, a programme named, ” Women Be Merry” was conducted. Dr. S. Valarmathi, Vice-Principal and Head, department of Mathematics was the chief guest. Nearly 60



women faculty members participated. A gale of events were arranged to make the gathering happy and to share ideas and to enjoy. A seminar on “ Truth about ME” , was conducted on 5th October 2018. Dr. Immaculate, Assistant Professor , Dept. of Tamil presided over the seminar. Ms. A. Revathi, a Social Worker and a Writer was the chief guest and she shared the problems encountered by the Transgenders , which were the prime importance. Nearly 150 students participated. To motivate the sporting spirit, competitions were held for women students. On 19th September 2018, a dance competition was conducted for the hostel girls. Ten teams participated. On 25th September , a painting competition was conducted and there were 21 participants. A workshop on “Glass Painting”, was arranged on 3rd October 2018. Mrs. Helen, a Freelancer was the invitee. Twenty Five students participated and benefited by the workshop. seminar on “Women and Hormones”, was arranged on 29th November 2018. Dr. S. Ally Sornam, Head, Department of Library and Information Science and Dean of Student and Staff Welfare of our college , presided over the seminar. Dr. Sakthivel Sivasubramanian, Endocrinologist, The Hormone clinic, Trichy was the chief guest. He explained the various hormone problems met by women in various stages. Nearly 800 students participated and benefited. There was a healthy and useful interactions.

As part of our extension program, we visited the Blind Home at Mannarpuram on 21st December. Thirty women students and five women faculty members participated. Dr. R. Jemima Priyadarshini, Associate Professor, Dept. of Computer Science shared Lord's message. On 11th January 2019, we visited the Panchayat Union Middle School, Somarasampetai to celebrate Pongal. Competitions were conducted to the school children and prizes were distributed.

In association with “ Magna Imitation Jewellery” , “A Fashion Parade” was conducted on 22nd January 2019. There were twelve participants and more than 200 members witnessed the programme. Miss. Vaishnavi Sri of I B.Sc., Physics and Miss. Swetha of III B.Sc., Computer Science were the title winners. The self-help groups from Bharathidasan University and the Local Collectorate are visiting our college monthly once regularly and exhibited their products for sales. A tour program was organised on 9th February to Kodaikanal. The participants were happy as they visited places of prime importance. Forty two members participated in this program. We take this opportunity to thank our Principal and management of our college for encouraging all our activities. We propose to do better in the years to come.

