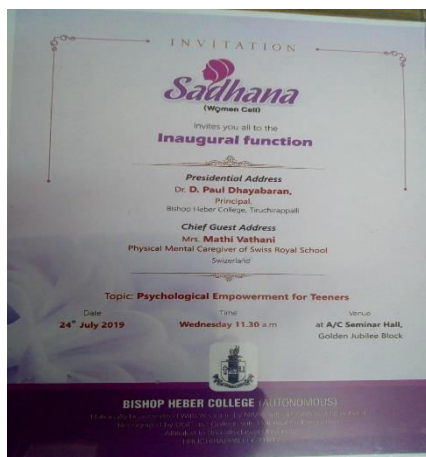


Sadhana –Women’s Cell

Annual Report(2019-2020)

The activities of year 2019-2020 initiated women staff and 10 organised by Women of TamilNadu on 28th June

Sadhana played a live programme “Kaloori Radio, Trichy on 19th July for the 25 student opinion on social issues and mimicry, singing etc.



Sadhana for the academic with the participation of two students in the workshop Entrepreneurs Association 2019.

pivotal role in facilitating a Galaata” for All India 2019. It provided a scope participants to air their to exhibit their talents in

The inauguration of SADHANA was conducted at AC Seminar Hall, Golden Jubilee Block on 24th July 2019. The Principal of the college Dr. D Paul Dhayabaran felicitated and presided over the meeting. Ms .Mathi Vathani, Physical Mental Caregiver of Swiss Royal School, Switzerland was the chief guest. She emphasized the importance of self -acceptance, optimistic thinking and highlighted the traits of good leadership. More than 300 students participated in the session.

Sadhana, associated with the Department of Social Work and organised a special lecture on “Menstrual Hygiene” on 12th September 2019. Dr. Priya Praveen Obstetrician & Gynaecologist was the resource person. It was an interactive session and the speaker demystified all the unhealthy practices due to superstitious beliefs. Sadhana was instrumental in orchestrating a “sales cum exhibition” on 24th and 25th September 2019 in collaboration with the personnel from Collector Office.

Sadhana in a joint venture with “Kalanjiyam” organised a workshop on drawing at the Old Auditorium on 1st October 2019 for both Shift I and Shift II students. Around hundred students were able to prune their skills in drawing.

A two day workshop on “Ecology at Valparai” for the women staff and research scholars of Bishop Heber college was organised by Sadhana on 15th and 16th February 2020 in Valparai. Dr. A Relton, Head, Department of Social work was the trainer. It was an eye opener for the twenty five participants. Trekking provided a refreshing experience and the the participants were thrilled and mesmerised with a surrealist instinct at the sight of wild life which included leopard, Sambhar deer, Nilgiri Gaur, elephant etc during night safari. The resource person through his expertise helped the participants to shed their ignorance about tea plantation and misconceptions related to wildlife. The beneficiaries of the workshop affirmed a resolve to conserve wild life.

A series of competitions comprising of singing, mehendi, rangoli, group dance and drawing were conducted for the women students of Bishop Heber college on 2nd March 2020. Around two hundred contestants availed the platform provided to exhibit their talents. Sandhana contributed to the conduct of the Women’s Day Celebration organised by the

Department of Environmental Science on behalf of SWEAR Trust in collaboration with TNUSSP on 6th March 2020.

