

SADHANA

Annual Report of 2021- 2022

1. Profile of the Division

The inauguration by Mrs. Rani Collector Trichy under Swarnam, Assistant Library Science.

Sadhana Women staff and UG into a full-fledged College transformed into

The Women Cell Office Bearers Dr. Ally ,Dr.Princy Merlin, Dr. Vijayalakshmi, Dr. Dr Sheeba Princess The providing a scope for through various



1. Entrepreneurship (Arts and Crafts)
2. International Conference
3. Socio Political Awareness
4. Health and Hygiene
5. Martial Art
6. Eco Consciousness
7. Sanitation
8. Gender Sensitisation
9. Women Rights
10. Various Competitions
11. Life Skills
12. Extension Activities

Women Cell (Sadhana) was Thomas, Former PA to the Presidentship of Dr. Ally Professor, Department of

extended its wings to all Women students, blossomed Banyan Tree in 2002, when the a Co-Educational Institution.

was nurtured by the succeeding Swarnam, Dr.Shanthi Getsy Dr.Gheetha Dr. VijayaRani, SeethaLakshmi, Dr.Aruna and Cell is instrumental in Women Empowerment programs like:

Workshops on

2. Vision & Mission Statements

Vision

To empower young women with a value-based educational opportunity that provides necessary knowledge and skills, builds hope and confidence, and dignity to become responsible citizens.

Mission

To cater the underprivileged in our communities through access to quality education, fortify them with knowledge, skill, competencies and values for the times. Encouraging young women to develop a potential in making meaningful contributions to society.

3. Staff Members in the Division and their Qualification, Date of Joining BHC, Previous experience & Designations (Attach a copy of the Qualification Certificates)

Name	Qualification	Date of Joining at BHC	Previous Experience	Designation
Dr.A.Sheeba Princess	M.A., M.Phil., Ph.D.,	23.07.2003	19	Assistant Professor
Dr.D.Fennala Agnes Iylin	M.Com., M.Phil., Ph.D.	16.06.1999	23	Assistant Professor
Dr..R. Getsi Sharmila	MSc.,M.Phil., Ph.D.,	03.07.2002	20	Assistant Professor
Dr.J.Patricia Jhansi Rani	MBA., Ph.D.,SET	01.02.2000	22	Associate Professor
Dr.M.Lovelin Ponn Feliciah	M.Sc., M.Phil., Ph.D.,	28.08.2006	12	Associate Professor
Dr.C.Cynthia	M.Sc M.Phil PhD	01.07.2008	14	Associate Professor

Order Code: 21 Reg.No. 1016-2021-0602

பாரதிதாசன் பல்கலைக்கழகம்
BHARATHIDASAN UNIVERSITY
 (Accredited with A+ Grade by NAAC in the Third Cycle)

செலாவியல் புலம்
FACULTY OF MANAGEMENT

பாரதிதாசன் பல்கலைக்கழக ஆட்சிக்குழு அக்டோபர் 2020 ஆம் ஆண்டு மேலவையின்மீது பட்டத்தில் முனைவர் அம் ஆண்டு பெற்றவர் என்று தக்க தேர்வாளர்கள் சான்றளித்தபடி முனைவர் பட்டத்தை அவருக்குப் பல்கலைக்கழக இலச்சினைபுடன் வழங்குகிறது.

The Syndicate of the BHARATHIDASAN UNIVERSITY hereby makes known that the Degree of **DOCTOR OF PHILOSOPHY**, in the subject of **MANAGEMENT**, having been certified by duly appointed Examiners to be qualified to receive the same in **OCTOBER 2020**.

Place of Study: BISHOP HEBER COLLEGE(Autonomous), TRICHIRAPPALLI.

"Ph.D. Degree has been awarded in accordance with the Minimum Standards and Procedures of the Regulations of the University Grants Commission 2016."

Title of the Thesis: "A STUDY ON WORK LIFE BALANCE OF WOMEN POLICE IN TRICHIRAPPALLI"

Given under the seal of the University.

00620
 09 December 2021
 ISSUED ON: 09.12.2021



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BHARATHIDASAN UNIVERSITY
 (Accredited with A+ Grade by NAAC in the Third Cycle)

வணிகவியல் புலம்
FACULTY OF COMMERCE

பாரதிதாசன் பல்கலைக்கழக ஆட்சிக்குழு ஜூலை 2012 ஆம் ஆண்டு மேல்வையின்மீது பட்டத்தில் முனைவர் அம் ஆண்டு பெற்றவர் என்று தக்க தேர்வாளர்கள் சான்றளித்தபடி முனைவர் பட்டத்தை அவருக்குப் பல்கலைக்கழக இலச்சினைபுடன் வழங்குகிறது.

The Syndicate of the BHARATHIDASAN UNIVERSITY hereby makes known that **D. FENHALA AGNES IYLIN** has been admitted to the Degree of **DOCTOR OF PHILOSOPHY**, in the subject of **COMMERCE**, having been certified by duly appointed Examiners to be qualified to receive the same in **JULY 2012**.

Thesis Title: "AN EMPIRICAL STUDY ON THE WORKING OF WOMEN SELF HELP GROUPS WITH SPECIAL REFERENCE TO TRICHIRAPPALLI DISTRICT"

Given under the seal of the University.

ISSUED ON: 6 MAR 2013



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President: **Dr. A. Sheeba Princess** (English)
 Secretary: **Dr. D. Fennala Agnes Iylin** (Commerce)
 Treasurer: **Dr. S. Geetha Sharmila** (Mathematics)

VICE PRESIDENT: **Dr. M. Praveena** (Mathematics)
 JOINT SECRETARY: **Prof. M. Lovelace Ponn Felicia** (Computer Applications)
 JOINT TREASURER: **Prof. C. Cynthia** (Bio-Technology & Bioinformatics)

sadhana@bhc.edu
 www.bhc.edu.in

Order Code: 21 Reg.No. 11319-04-02-02

பாரதிதாசன் பல்கலைக்கழகம்
BHARATHIDASAN UNIVERSITY
 (Accredited with A+ Grade by NAAC in the Third Cycle)

அறிவியல் புலம்
FACULTY OF SCIENCE

பாரதிதாசன் பல்கலைக்கழக ஆட்சிக்குழு மே 2019 ஆம் ஆண்டு கணிப்பொறியியல் பட்டத்தில் முனைவர் அம் ஆண்டு பெற்றவர் என்று தக்க தேர்வாளர்கள் சான்றளித்தபடி முனைவர் பட்டத்தை அவருக்குப் பல்கலைக்கழக இலச்சினைபுடன் வழங்குகிறது.

The Syndicate of the BHARATHIDASAN UNIVERSITY hereby makes known that **LOVELIN PONN FELICIA M** has been admitted to the Degree of **DOCTOR OF PHILOSOPHY**, in the subject of **COMPUTER SCIENCE**, having been certified by duly appointed Examiners to be qualified to receive the same in **MAY 2019**.

Place of Study: BISHOP HEBER COLLEGE(Autonomous), TRICHIRAPPALLI.

Order No. 008CR-USA-67433

பாரதிதாசன் பல்கலைக்கழகம்
BHARATHIDASAN UNIVERSITY
 (Re-accredited with 'A' Grade by NAAC)

அறிவியல் புலம்
FACULTY OF SCIENCE

பாரதிதாசன் பல்கலைக்கழக ஆட்சிக்குழு அக்டோபர் 2016 ஆம் ஆண்டு கணிதவியல் பட்டத்தில் முனைவர் அம் ஆண்டு பெற்றவர் என்று தக்க தேர்வாளர்கள் சான்றளித்தபடி முனைவர் பட்டத்தை அவருக்குப் பல்கலைக்கழக இலச்சினைபுடன் வழங்குகிறது.

The Syndicate of the BHARATHIDASAN UNIVERSITY hereby makes known that **R. GETHSI SHARMILA** has been admitted to the Degree of **DOCTOR OF PHILOSOPHY**, in the subject of **MATHEMATICS**, having been certified by duly appointed Examiners to be qualified to receive the same in **OCTOBER 2016**.

Thesis Title: "NUMERICAL SOLUTIONS FOR THE Nth - ORDER FUZZY INITIAL VALUE PROBLEMS USING EXTENDED FOURTH ORDER RUNGE - KUTTA METHODS AND NON - LINEAR TRAPEZOIDAL METHODS BASED ON VARIETY OF MEANS"

Given under the seal of the University.

ISSUED ON: 21-02-2018

Bharathidasan University
 (Re-accredited with 'A' Grade by NAAC) A+ in 3rd cycle

Trichirappalli

PROVISONAL CERTIFICATE FOLIO NO: 6445

This is to certify that **CYNTHIA C** has qualified for the Degree of **DOCTOR OF PHILOSOPHY IN ZOOLOGY** and he/she having been declared eligible for the same from 7th APRIL 2022 onwards.

COMMEMED

09 MAY 2022

Section Head Controller of Examinations



BISHOP HEBER COLLEGE (Autonomous)
 Nationally Accredited with A Grade by NAAC, with GPA of 3.58 out of 4
 Recognized by UGC as the College of Excellence
 Affiliated to Bharathidasan University
 Trichyappalli-620 021 Tamil Nadu, India



MINUTES of SADHANA (Women's Cell)

The events planning meeting of Sadhana (Women Cell) for the academic year 2021-2022 was held on 18.09.21 in third floor of Admin Block.

The meeting started with the opening prayer by Dr. Patricia Jhansi Rani the vice president of Sadhana and Dr. Sheeba Princess the President, welcomed the office bearers and core committee members and threw light on the functioning of Sadhana and stated the importance of togetherness or oneness of members so that the women cell can be taken to greater heights.

Thereafter core committee members introduced themselves in the meeting. Dr. D. Pennala Agnes lylin the secretary, highlighted the type of programs, title of programs and the tentative dates of the programs to be organized for the academic year 2021-2022.

The following points were planned in the meeting:

1. To give hands on experience on ICT Tools for the diocesan schools.
2. To conduct games for women staff members, the staff in charge are Dr. K. Muthalakshmi and Prof. Prema
3. To gain entrepreneurial skills and earn a certificate of completion, the committee decided Dr. Sumithra and Prof. Baby Latha to be in charge for the certificate courses.
4. To arrange for a Heberian Ladies Special trip, the staff in charge for the tour is Dr. Glenny
5. Prof. Cynthia from MCA department accepted to design the banner for Sadhana
6. Budget preparation for the academic year was allotted to Dr. Getzi Sharmila Treasurer and Prof. Cynthia Joint Treasurer.
7. The committee planned to organize inauguration function of Sadhana on 22.09.21 at 2pm through online mode and decided to fix Mrs. Alliranilalaji, a Social Entrepreneur as a resource person.

The meeting came to an end with vote of thanks proposed by Dr. Getzi Sharmila the treasurer of Sadhana.

Dr. A. Sheeba Princess
 Asst. Prof., Dept. of English
 President

Dr. J. Patricia Jhansi Rani
 Asst. Prof., Dept. of Management Studies
 Vice President

Dr. D. Pennala Agnes lylin
 Asst. Prof., Dept. of Commerce
 Secretary

Dr. M. Lovelin Penn Felciah
 Asst. Prof., Dept. of Computer Applications
 Joint Secretary

Dr. R. Getzi Sharmila
 Asst. Prof., Dept. of Mathematics
 Treasurer

Dr. C. Cynthia
 Asst. Prof., Dept. of Bio-Technology & Bioinformatics
 Joint Treasurer

4. Year Plan of the Division for the Current Academic Year (2022 - 23)

President: **Dr. A. Sheeba Princess** (English) | Vice President: **Dr. D. Patricia Jhansi Rani** (Management Studies) | Email: sadhana@bhc.edu.in
 Secretary: **Dr. D. Pennala Agnes lylin** (Commerce) | Joint Secretary: **Prof. M. Lovelin Penn Felciah** (Computer Applications) | Website: www.bhc.edu.in
 Treasurer: **Dr. R. Getzi Sharmila** (Mathematics) | Joint Treasurer: **Prof. C. Cynthia** (Bio-Technology & Bioinformatics)

S. No	Month	Type of the Programme *	Title of The Programme	Suggested Names of Resource Persons	Target Audience #	Source of Fund
1.	Aug	Inauguration Programme	Spread your wings and Fly	Mrs. Anam YD Club	Women Staff & Students	College
2.	Sep	Awareness Programme	Healthy Life Style	Dr Catherine CSI Mission Hospital	Hostel Women Students	College

3.	Sep	Seminar	Reversal of Gender Stereotypes	1. Dr.Shanthi Merlin Department of Commerce 2. Dr.Thamarai Selvi Department of Computer Applications	Men and Women students	College
4.	Sep	Workshop	Positive Thinking - Mighty Force	Dr.Christy Selvarani(retd) Principal UDC College	Non-teaching women staff	College
5.	Oct	Outreach Programme	A small effort can create a great impact	Dr Agnes Kalai Kaveri Arts & Science College Trichy	Women Students	College
6.	Oct	Awareness Programme	Employability Skills	Dr Anitha Training & Placement Officer Training & Placement Division	Women Students	College
7.	Dec	Departmental Competitions	Women's day celebrations	Kajole Transgender	Women Students	College
8.	Dec	Throwball, Badminton Competitions	Women Tournament	Dr Palraj Physical Director	Women Students	College
9.	Jan	Heberian Tour Ladies Special 2023	Women on Voyage	--	Women staff	College
10.	Feb	Valedictory Function	Coping with Dynamic Environment	Dr Jasmine Joint Director in Medical Karur District	Women Staff and students	College

5. Programmes Organised under Sadhana – Competitions, Awareness Programme, Days of Significance, Human Values, Ethics, Social Responsibilities etc.

Name of the Prog. Coordinator	Title of the Programme Organised	Place	Date(s)	No of Participants			Name, Designation and Address of Resource Persons	Any Special Remarks
				Staff	Students	Total		
Dr. D. Fennala Agnes Iylin	Role of Women in the Society	zoom platform	22 September. 2021	9	69	78	Mrs. Alli Rani Balaji, President of an All-Women	Inauguration

							Social Welfare Organisation Tiruchirappalli	
Dr Sheeba Princess	Importance of girl's education, their health and future.	Annai Girls Higher Secondary School Navalurkuthur	11th October 2021	11	165	176	Dr. R Ravi, Assistant Professor of Social Work, Bishop Heber College (Autonomous) Tiruchirappalli,	International Girls Day Celebrations
Dr. Getsi Sharmila	Awareness programme on "Polycystic Ovarian Syndrome"	Multipurpose Hall	29 th September 2021	5	165	170	Dr. Catherine Immanuel., MBBS., MS (OG), Gynaecologist and Obstetrician, Senior Consultant, CSI Mission Hospital	An awareness Programme to take precautionary measures through lifestyle modification, early detection and management
Dr. Sheeba Princess	World Breast Cancer	Golden Jubilee II Floor A/C Seminar Hall	26 th October 2021	10	88	98	Dr. G. Govindaraj, M.B.B.S., M.S., M.Ch. Managing Director, Harshamitra Super Speciality Cancer Centre & Research Institute	Awareness Programme
Dr. D.Fennal Agnes Iylin	Pain Management	zoom platform	16 th November 2021	10	75	85	. Dr. K.Ashwin, M.B.B.S., M.D FIPM Ashwin Pain and Spine Clinic, Pain Management Centre Perundurai, Consultant in Erode	Awareness programme

							Cancer Institute, Erode	
Dr. Getsi Sharmila		4 th Floor Multipurpose Hall	14 th of March 2021	12	334	346	Mrs. J. Christy Subathra, Correspondent, CREA Children's, Academy Matric Hr Secondary School	International Women's Day Celebrations
Dr D Fennala Agnes Iylin	Feel Good About Yourself	G.J Block A/C Seminar Hall	16th May, 2022.	10	75	85	Dr. S.Helen Cresilda Ayush Medical Officer, Government Primary Health Centre, Kulumani, Trichy.	Valedictory

Institutional Values and Social Responsibilities

6. Number of gender equity promotion programmes organized (7.1.1)

Title of the programme	Coordinator Name	Period (from-to)	Participants	
			Female	Male
Role of Women in the Society	Dr. D. Fennala Agnes Iylin	22 nd September.2021	78	--
Importance of girl's education, their health and future.	Dr Sheeba Princess	11th October 2021	127	38



SADHANA (WOMEN'S CELL)
 Bishop Heber College (Autonomous)

Cordially invites you to the
International Girl Child Day Celebrations
 &
Honouring the Girl toppers of
Annai Indra Higher Secondary School,
Navalur Kuttapattu

Chief Guest:
 Dr.R.Ravi,
 Assistant Professor of Social Work,
 Bishop Heber College (Autonomous),
 Tiruchirappalli

•Date: 11.10.2021 •Venue: Annai Indra Higher
 Secondary School,
 Navalur Kuttapattu

President: Dr.A. Sheeba Princess Vice President: Dr.D. Patricia Jhansi Rani
 Secretary: Dr.D. Fennala Agnes Iylin Joint Secretary: Prof.M. Loveleen Ponn Felciah
 Treasurer: Dr.R. Getsi Sharmila Joint Treasurer: Dr.G.Cynthia






STUDENT COUNSELLING CENTRE
 &
SADHANA - Women's Cell
BISHOP HEBER COLLEGE (AUTONOMOUS)
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 Tiruchirappalli - 620 017

Jointly Organize
An Awareness Programme on
"Poly Cystic Ovarian Disease"
 (for Final Year Women Hostel Students)


by
Dr. Catherine Immanuel, MBBS, MS (OG)
 Senior Consultant
 CSI Mission Hospital
 Tiruchirappalli

on
29th September 2021
between 6 pm and 7.30 pm
 at
Multi Purpose Auditorium

SADHANA (WOMEN'S CELL),
BISHOP HEBER COLLEGE (AUTONOMOUS)
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 Tiruchirappalli 620017

Cordially invites you to an awareness program on
PAIN MANAGEMENT
 Neck pain, Back pain, Knee pain, Cancer pain, etc.
 (Non Surgical Approach)



by
Dr. K. Ashwin MBBS., MD., FIPM
 Ashwin Pain and Spine Clinic
 Pain Management Centre, Perundurai
 Consultant in Erode Cancer Institute

President: Dr. A. Sheeba Princess
 Secretary: Dr. D. Fennala Agnes Iylin
 Treasurer: Dr. R. Getsi Sharmila

Vice President: Dr. D. Patricia Jhansi Rani
 Joint Secretary: Dr. M. Loveleen Ponn Felciah
 Joint Treasurer: Dr. C. Cynthia

- Time: 2 PM
- Date: 16.11.2021
- Meet code: kxq-zqqw-qkt

All are invited





Sadhana Women's Cell Bishop Heber College (Autonomous)

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Tiruchirappalli-620 017, Tamil Nadu, India.

Cordially invites you to the



International Women's Day Celebrations

BREAK THE BIAS

Resource Person

J.Christy Subathra

Correspondent

Crea Children's Academy Matric Hr Sec School

11.30 AM March 14 2022 4th Floor Multipurpose Hall, GJ Block

All are Welcome

