SADHANA Annual Report of 2021- 2022

1. **Profile of the Division**

The inaugurated by Mrs. Rani Collector Trichy under Swarnam, Assistant Library Science.

Sadhana Women staff and UG into a full-fledged College transformed into

The Women Cell Office Bearers Dr. Ally ,Dr.Princy Merlin, Dr. Vijayalakshmi, Dr. Dr Sheeba Princess The providing a scope for through various

1.



Entrepreneurship (Arts and Crafts)

- 2. International Conference
- 3. Socio Political Awareness
- 4. Health and Hygiene
- 5. Martial Art
- 6. Eco Consciousness
- 7. Sanitation
- 8. Gender Sensitisation
- 9. Women Rights
- 10. Various Competitions
- 11. Life Skills
- 12. Extension Activities

Women Cell (Sadhana) was Thomas, Former PA to the Presidentship of Dr. Ally Professor, Department of

extended its wings to all Women students, blossomed Banyan Tree in 2002, when the a Co-Educational Institution.

was nurtured by the succeeding Swarnam, Dr.Shanthi Getsy Dr.Gheetha Dr. VijayaRani, SeethaLakshmi, Dr.Aruna and Cell is instrumental in Women Empowerment programs like:

Workshops

on

2. Vision & Mission Statements

Vision

To empower young women with a value-based educational opportunity that provides necessary knowledge and skills, builds hope and confidence, and dignity to become responsible citizens.

Mission

To cater the underprivileged in our communities through access to quality education, fortify them with knowledge, skill, competencies and values for the times. Encouraging young women to develop a potential in making meaningful contributions to society.

3. Staff Members in the Division and their Qualification, Date of Joining BHC, Previous experience & Designations (Attach a copy of the Qualification Certificates)

Name	Qualification	Date of Joining at BHC	Previous Experience	Designation
Dr.A.Sheeba Princess	M.A., M.Phil., Ph.D.,	23.07.2003	19	Assistant Professor
Dr.D.Fennala Agnes Iylin	M.Com., M.Phil., Ph.D.	16.06.1999	23	Assistant Professor
DrR. Getsi Sharmila	MSc.,M.Phil., Ph.D.,	03.07.2002	20	Assistant Professor
Dr.J.Patricia Jhansi Rani	MBA., Ph.D.,SET	01.02.2000	22	Associate Professor
Dr.M.Lovelin Ponn Feliciah	M.Sc., M.Phil., Ph.D.,	28.08.2006	12	Associate Professor
Dr.C.Cynthia	M.Sc M.Phil PhD	01.07.2008	14	Associate Professor





Controller of Examinations

al with Date



BISHOP HEBER COLLEGE (Autonomous)

ly Reaccredited with 'X Grade by NA zed by UGC as the 'College of Excelle d to Bharathidasan University annalli-820 017 Tamil Nadu, India.



nent Studies

MINUTES of SADHANA (Women's Cell) The events planning meeting of Sadhara (Women Cell) for the academic year 2021-2022 was held on 18.09.21 in third floor of Admin Block. The meeting started with the opening prayer by Dr. Patrick: Jhansi Rani the vice president of Sadhana and Dr. Sheeba Princess the President, welcoused the office bearers and core committee members and threw light on the functioning of Sadhana and stated the importance of tagethermess or oneness of members so that the women cell can be taken to greater heights.

Thereafter core committee members introduced themselves in the meeting.Dr.D.Pennala Agnes lylinthe secretary, highlighted the type of programs, title of programs and the tentative dates of the programs to be organized for the academic year 2021-2022 The following points were planned in the meeting: 1.To give hands on experience on ICT Tools for the diocesan schools.

2.To conduct games for women staff members, thestaff in charge are Dr.K.Muthulakshmi and Prof.Prema

and ProLYema 3.To gain entrepreneurial skills and earn a certificate of completion, the committee decided Dr. Sumithra and Prof Baby Latha to be in charge for the verificate courses. 4.To arrange for a Heberian Latles Special trip, the staff in charge for the tour is Dr. Glenny 5.Prof Cynthia from MCA department accepted to design the banner for Sadhana 6.Budget preparation for the academic year was allotted to Dr. Getzi Sharmila Treasurer and Prof Cynthia Joint Treasurer.

. The committee planned to organize inauguration function of Sadhana on 22.09.21 at 2pm hrough online mode and decided to fix. Mrs. AlliraniBalaji , a Social Entrepreneur as a The meeting came to an end with vote of thanks proposed by Dr. Getzie Sharmila the treasurer of Sadhana.

A Sheeh Princess Jr. A. Sheeba Princess Isst. Prof., Dept. of. English resident le

Dr. J. Patricia Jhanisi Ran Asst. Prof., Dept. of Manage Vice President Dr.M. Lovelin Poron Felciah Asst. Prof., Dept. of. Computer Applications Joint Secretary Ivlin Dr.C. Cynthia Asst.Prof. Dept.of. Bio-Technology & Bioinforma Joint Treasurer

Beth Srd etsi Sharmila of.,Dept.of. Mathematics

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Year Plan of the Division for the Current 4. Academic Year (2022 - 23)

OrA, Sheeba Princess (Erglish)
Vice President : 9rd.9. Patricis Jhansi Rani (Management Studien)
Brd. Fennala Agnes tylin (Commerce)
Jont Serrary : Prof.4. Gevelene Pean Felcak (Computer Applications)
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min Trassure : Perf.C. Synthile Scherholigy & Biothematol
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S. No	Month	Type of the Programme *	Title of The Programme Suggested Names of Resource Persons		Target Audienc e #	Source of Fund
1.	Aug	Inauguration Programme	Spread your wings and Fly	Mrs.Anam YD Club	Women Staff & Students	College
2.	Sep	Awareness Programme	Healthy Life Style	Dr Catherine CSI Mission Hospital	Hostel Women Students	College

3.	Sep	Seminar	Reversal of Gender Stereotypes	1. Dr.Shanthi MerlinDepartmentofCommerce2. Dr.Thamarai SelviDepartmentofComputer Applications	Men and Women students	College
4.	Sep	Workshop	Positive Thinking - Mighty Force	Dr.Christy Selvarani(retd) Principal UDC College	Non- teaching women staff	College
5.	Oct	Outreach Programme	A small effort can create a great impact	Dr Agnes Kalai Kaveri Arts & Science College Trichy	Women Students	College
6.	Oct	Awareness Programme	Employability Skills	Dr Anitha Training & Placement Officer Training & Placement Division	Women Students	College
7.	Dec	Departmental Competitions	Women's day celebrations	Kajole Transgender	Women Students	College
8.	Dec	Throwball, Badminton Competitions	Women Tou r nament	Dr Palraj Physical Director	Women Students	College
9.	Jan	Heberian Tour Ladies Special 2023	Women on Voyage		Women staff	College
10.	Feb	Valedictory Function	Coping with Dynamic Environment	Dr Jasmine Joint Director in Medical Karur District	Women Staff and students	College

5. Programmes Organised under Sadhana – Competitions, Awareness Programme, Days of Significance, Human Values, Ethics, Social Responsibilities etc.

Name of the Prog. Coordin ator	Title of the Program me Organise d	Place	Date(s)		No of icipa Stu de nts		Name, Designation and Address of Resource Persons	Any Special Remarks
Dr. D. Fennala Agnes Iylin	Role of Women in the Society	zoom platform	22 Septe mber. 2021	9	69	78	Mrs. Alli Rani Balaji, President of an All- Women	Inauguration

Dr Sheeba Princess	Importanc e of girl's education, their health and future.	Annai Girls Higher Secondary School Navalurkuta puthur	11th Octob er 2021	11	165	176	Social Welfare Organisation Tiruchirappal li Dr. R Ravi, Assistant Professor of Social Work, Bishop Heber College (Autonomous)Tiruchirappal li,	International Girls Day Celebrations
Dr. Getsi Sharmila	Awareness programm e on "Poly Cystic Ovarian Syndrome ""	Multipurpos e Hall	29 th Septe mber 2021	5	165	170	Dr. Catherine Immanuel., MBBS., MS (OG), Gynaecologis t and Obstetrician, Senior Consultant, CSI Mission Hospital	An awareness Programme to take precautionary measures through life style modification, early detection and management
Dr.Sheeb a Princess	World Breast Cancer	Golden Jubilee II Floor A/C Seminar Hall	26 th Octob er 2021	10	88	98	Dr. G. Govindaraj, M.B.B.S., M.S., M.Ch. Managing Director, Harshamitra Super Speciality Cancer Centre & Research Institute	Awareness Programme
Dr. D.Fennal a Agnes Iylin	Pain Managem ent	zoom platform	16 th Nove mber 2021	10	75	85	. Dr. K.Ashwin, M.B.B.S., M.D FIPM Ashwin Pain and Spine Clinic, Pain Management Centre Perundurai ,Consultant in Erode	Awareness programme

							Cancer Institute, Erode	
Dr. Getsi Sharmila		4 th Floor Multipurpos e Hall	14 th of March 2021	12	334	346	Mrs. J. Christy Subathra, Corresponde nt, CREA Children's, Academy Matric Hr Secondary School	International Women's Day Celebrations
Dr D Fennala Agnes Iylin	Feel Good About Yourself	G.J Block A/C Seminar Hall	16th May, 2022.	10	75	85	Dr. S.Helen Cresilda Ayush Medical Officer, Government Primary Health Centre, Kulumani, Trichy.	Valedictory

Institutional Values and Social Responsibilities6. Number of gender equity promotion programmes organized (7.1.1)

Title of the programme	Coordinator	Period	Participants		
Title of the programme	Name	(from-to)	Female	Male	
	Dr. D. Fennala	22 nd			
Role of Women in the	Agnes Iylin	September.20			
Society		21	78		
Importance of girl's					
education, their health	Dr Sheeba	11th			
and future.	Princess	October 2021	127	38	

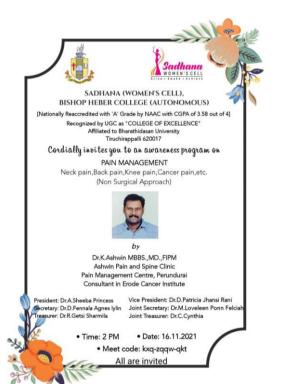












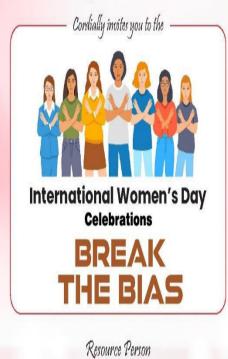


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Sadhana Women's Cell

Bishop Heber College (Autonomous) Nationally Reaccredited with 'A' Grade by NAAC with a CGPA of 358 out of 4 Recognized by UGC as the 'College of Excellence' Tiruchirappalli-620 017, Tamil Nadu, India.



J.Christy Subathra Correspondent Crea Children's Academy Matric Hr Sec School

🔯 11.30 AM 📋 March 14 2022 👰 4th Floor Multipurpose Hall, GJ Block

All are Welcome





